



# *iwav news*

*Issue 22/March 2005*

## *From the President*

Dear Members,

IWAV members' support in 2004 helped improve the lives of many disadvantaged Lithuanians. Indeed, IWAV donations and volunteer efforts since 1998 have assisted a generous swath of Lithuanian society. We can be proud of our efforts. Our challenge in 2005 is to sustain and improve them.

There are many vulnerable and underprivileged groups who could benefit from our assistance. Generally speaking, we work with potential beneficiaries to assess their needs and provide appropriate material goods and services. The organization is small, however, and our resources are limited.

Our chosen focus for 2005 is women and children, with a special emphasis on young women. Our objectives are to improve facilities, to provide learning and training opportunities, and ultimately to give our beneficiaries the tools they need to become active and self-sustaining members of society. We aim to boost their hopes and expectations. We want their futures to be built on the same opportunities enjoyed by citizens across the European Union and beyond. Our goal is sustainable empowerment.

***We ask for your help.***

***Contribute to the empowerment of those in danger of being socially marginalized.***

IWAV relies entirely on membership dues and fundraising proceeds to meet its charitable obligations. There are minimal administrative costs, many of which are absorbed by the dedicated group of IWAV volunteers managing the organization and its projects.

### ***How can you help?***

***It's easy! If you are Lithuanian, all you have to do is register by May 1st to donate 2% of your personal income tax obligation to IWAV. If you are an expatriate, try to persuade one or more of your Lithuanian friend's to do the same.***

You will be receiving in the mail the form necessary to register the 2% tax assignment to IWAV, plus easy instructions on how to fill it out. Please note that April 30th is the last day the form may be delivered or postmarked to be accepted by the Lithuanian State Tax Inspectorate. If no declaration is made by that time, the 2% funds will revert to municipal coffers.

By dedicating 2% of your or your Lithuanian friends' tax funds to IWAV, you can be sure your care for and commitment to the people of Lithuania will have an impact.

***Thank you for your support!***

Mercedes Sprouse  
President



FROM THE EDITOR

Gillian Mueller

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GIVE US YOUR UNWANTED BOOKS AND MAGAZINES! Do you need to reduce the clutter and create more space on your bookshelves? Are you moving away this summer and under shipment weight restrictions? We'll take those unwanted books and magazines off your hands! As you will see from the 2005 fundraisers listed in the IWAV Action Plan, we are planning a Spring Bazaar and Book Sale in May 2005. To that end, I am taking up a collection of books and magazines and invite you to send yours in. **All proceeds from the book sale will go to support a designated IWAV charity.** Watch this space for more details.

Donations need to be of interest to the general public—no technical manuals or school textbooks, please. They can be in English, Lithuanian, or any other common European language such as French or German. Bring them to a Member Monthly Meeting, give them to any one of the IWAV Executive Committee members, or contact me for directions to my house. Contact me as well if you are interested in helping us out at the book sale.

Speaking of books, anyone with children, or who is interested in the nurture-versus-nature debate on what childhood influences mold us into the characters we become, needs to read the provocative book review sent in by Gabriele Jazbutis. If, as a parent, you thought you had any impact on the nature and development of your child's personality, you would be wrong according to author Judith Rich Harris in *The Nurture Assumption!*

Also of potential interest to parents is the **free workshop on children's behavior management** being offered by AISV for parents of children ages 3-7 on March 9th. See **Community Messages** for more details.

Finally, we celebrate International Women's Day with an overview of accomplishments in women's social and political rights to date and obstacles still remaining. We've also included a collection of quotes by woman we can all admire. They should make you smile. My favorite puts chin hairs into perfect perspective. We hope you enjoy the newsletter.

**MONTHLY MEMBERS' MEETING**

The next meeting will be on March 14 at the usual place and usual time - Teacher's House, 6 pm. We will have a social hour followed by a guest speaker.

**NEWSLETTER BY EMAIL!**

Please help us save our time and money and subscribe to receive the IWAV newsletter by email instead of post. Please inform Julia Berneheim if you agree to get the electronic version, tel. 262 72 82, email: [julia.berneheim@ef.lt](mailto:julia.berneheim@ef.lt)

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# International Women's Day

By Mercedes Sprouse

In 2005 IWAV focuses its charitable activities on women and youth, particularly girls. In March events of international importance remind us of the need to do so.

Women across the world will join forces on March 8 to celebrate International Women's Day. The idea first arose at the beginning of the 1900s in America and Europe when women in many countries had neither the vote nor the right to join a union. In 1975 the United Nations (UN) declared that year as International Women's Year and the world's first conference on women was held in Mexico City. In December 1977 the UN General Assembly adopted a resolution proclaiming a UN Day for Women's Rights and International Peace.

International Women's Day is seen as the chance to promote women's social and political rights, and also as a time for celebration of womanhood. Its overarching theme is celebrating peace, justice and freedom. Progress on that theme is being evaluated in March.

A review and appraisal by the Commission on the Status of Women in New York will focus on implementation at the national level and will identify achievements, gaps and challenges and will provide an indication of areas where actions and initiatives, within the framework of the Platform for Action and the outcome of the special session (Beijing+5), are most urgent to further implementation.

According to the Office of the High Commissioner for Human Rights, the Beijing +5 outcome document recognizes that many achievements had been made between 1995 and 2000. Some of these include:

- Elimination of discriminatory provisions in national laws governing marriage and family relations, violence against women, women's property and ownership rights, women's political rights, and women's labor rights.

| 2004 HUMAN DEVELOPMENT REPORT, UNDP                             |           |        |
|---|-----------|--------|
|   | Lithuania | Norway |
| <b>Demographic trends</b>                                       |           |        |
| Life expectancy at birth, 2000-2005                             | 72.7      | 78.9   |
| Infant mortality rate (per 1,000 live births), 2002             | 8         | 4      |
| Annual population growth rate (%), 2002-2015                    | - 0.6     | 0.3    |
| <b>Economic performance</b>                                     |           |        |
| GDP per capita (US\$) (HDI), 2002                               | 3,977     | 41,974 |
| GDP per capita annual growth rate (%), 1990-2002                | - 0.3     | 3.0    |
| Average annual change in consumer price index (%), 1990-2002    | 22.7      | 2.2    |
| Population living below \$4 a day (1990 PPP US\$), 1996-1999    | 17        | --     |
| Unemployment rate, 2003   | 10.3      | 4.0    |
| <b>Priorities in public spending</b>                            |           |        |
| Public health expenditure (% of GDP), 2001                      | 4.2       | 6.8    |
| Public expenditure on education (as % of GDP), 1990             | 4.6       | 6.8    |
| Military expenditure (% of GDP), 2002                           | 1.8       | 2.1    |
| <b>Gender empowerment measure</b>                               |           |        |
| Seats in parliament held by women (% of total), 2004            | 10.6      | 36.4   |
| Female legislators, senior officials, and managers (% of total) | 44        | 28     |
| Female professional and technical workers (% of total)          | 70        | 49     |
| Ratio of estimated female to male earned income                 | 0.67      | 0.74   |

In the 2004 UNDP Human Development Report, Lithuania is ranked 41st behind Poland and Estonia and ahead of Latvia. Norway is ranked 1st in the world.

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- Creation of enabling environments for women to claim their rights, such as adoption of policy measures, improved enforcement and monitoring mechanisms, and development of awareness raising campaigns.

- Ratification of the CEDAW Convention in increasing numbers and the adoption of the Optional Protocol to the Convention by the General Assembly.

- Mainstreaming a gender perspective across all activities and policies of the UN system.

Some of the obstacles cited are that:

- Many discriminatory laws remain on the books; and some new laws, which discriminate against women, have been introduced.

- Many women have insufficient access to justice.

- Some countries still have not ratified the CEDAW Convention and many maintained reservations.

- Women from minority ethnic groups and other vulnerable groups still suffer from the effects of multiple discrimination.

While Central and Eastern European women lay claim to more achievements than obstacles, women in Lithuania have some distance to travel to fill some of those gaps being assessed by the Commission. The 2004 UNDP Human Development Report (see below) indicates women continue to earn less, work more, and speak softer than their male counterparts when representing their—or their constituents'—interests in parliament.

Their support and empowerment is a reflection of



## IWAV 2004 Financial Report

by Mette Sviland, IWAV Treasurer

|  |               |
|--|---------------|
| <b>INCOME</b>                                    |               |
| <b>Membership Fees</b>                           | <b>7,400</b>  |
| <b>Art Auction Proceeds</b>                      | <b>17,795</b> |
| <b>Other Income</b>                              | <b>1,943</b>  |
| <b>2% Tax Donations</b>                          | <b>477</b>    |
| <b>Total Income</b>                              | <b>27,615</b> |
| <b>ADMINISTRATIVE EXPENSES</b>                   |               |
| <b>Photocopying</b>                              | <b>624</b>    |
| <b>Amenities for MMM</b>                         | <b>1,117</b>  |
| <b>Rent for meeting place</b>                    | <b>864</b>    |
| <b>Salary+ sodra bookkeeper</b>                  | <b>5,879</b>  |
| <b>Flowers</b>                                   | <b>137</b>    |
| <b>Business cards</b>                            | <b>117</b>    |
| <b>Internet fees</b>                             | <b>863</b>    |
| <b>Bank commissions</b>                          | <b>104</b>    |
| <b>VAT</b>                                       | <b>319</b>    |
| <b>Total Expenses</b>                            | <b>10,023</b> |
| <b>DONATIONS</b>                                 |               |
| <b>Missionaries of Charity - Food purchases</b>  | <b>6,000</b>  |
| <b>Missionaries of Charity - Easter meal</b>     | <b>2,249</b>  |
| <b>Missionaries of Charity - X-mas meal+gift</b> | <b>7,760</b>  |
| <b>Child with Pompes Disease</b>                 | <b>5,847</b>  |
| <b>Mazoji Guboja Center for the Disabled</b>     | <b>5,000</b>  |
| <b>Spengla Children's Home</b>                   | <b>550</b>    |
| <b>Total Donations</b>                           | <b>27,406</b> |
| <b>Total 2004 Expenditures 2004</b>              | <b>37,429</b> |
| <b>Funds Available 1.1.2004</b>                  | <b>30,887</b> |
| <b>+/- For the Year</b>                          | <b>-9,814</b> |
| <b>Funds Available 31.12.2004</b>                | <b>21,073</b> |

# 2005 CHARITY ACTION PLAN

Benedikta Harris ([b.harris@mail.dk](mailto:b.harris@mail.dk)), Cheryl Quello ([cqbrat@yahoo.com](mailto:cqbrat@yahoo.com)), and  
Annie Katigbak ([annilyn\\_katigbak3@hotmail.com](mailto:annilyn_katigbak3@hotmail.com))

*Charity sees the need, not the cause. (German proverb)*

## Projects in 2004

**Mazoji Guboja**, a center for the disabled.

Donations of kitchen equipment allowed Mazoji Guboja to meet legally mandated upgrades to their kitchen and cafe area, enabling them to open the cafe to the public and generate income for the center. IWAV contributions of art supplies also supported Mazoji Guboja's daily arts and crafts classes (sewing, flower arrangements, and ceramics) offered to disabled young people.

**Mother Theresa's Missionaries of Charity**, a soup kitchen and homeless shelter.

Throughout the year, IWAV's engagement involved donations of food, clothing, and infant supplies, and volunteer assistance in the kitchen. IWAV also financed and coordinated special meals at Easter and Christmas, as well as the purchase and assembly of Christmas gift bags.

**Spengla Children's Home**, a facility for disadvantaged and orphaned children.

IWAV donated clothing; organized an excursion to Trakai for those children forced to remain at the home over the summer holiday; and brightened the children's Christmas with IWAV member-donated gifts passed out at the home's annual Christmas party.

## Goal for 2005

IWAV's charity goal in 2005 is to alleviate the hardships and inequalities faced by vulnerable and socially disadvantaged groups, with a special focus on women and children in general, and young women in particular.

## Objectives for 2005

- To contribute to the empowerment of disadvantaged women and youth.
- To expand the volunteer base of international and Lithuanian women.
- To join forces with international and Lithuanian government and non-governmental institutions in achieving IWAV charity goals.

## Priorities for 2005

- Providing educational opportunities.
- Improving facilities and services.
- Promoting the talents and achievements of project beneficiaries.

## Fundraisers Planned for 2005

- February: 2 Percent Appeal
- April: Art Exhibition and Auction
- May: Spring Bazaar and Book Sale
- October: Halloween Fundraiser
- November: International Christmas Bazaar
- December: Product Launch (recipe book, souvenirs, crafts)

## How can you help?

- Renew your IWAV membership. The major portion of your membership fee goes to support IWAV charities.
- Donate unneeded food, clothing, toys, infant equipment, or other supplies currently wasting space in your closets.
- Encourage a business or individual to sponsor a fundraising event.
- Donate 2% of your Lithuanian income tax deduction to IWAV; or if an expatriate, convince a Lithuanian taxpayer to do the same.

## Volunteer Opportunities

- Join IWAV Charity coordinators in running an ongoing project. Improve the opportunities and life expectations of the vulnerable and disadvantaged by sharing your talents and knowledge in their support.
- Join the IWAV Executive Committee, or volunteer your help, in planning and implementing fundraising events.
- Demonstrate moral support and international concern by visiting IWAV project sites with other volunteers.
- Assist with ad hoc tasks, such as transporting donations to their beneficiaries or distributing food at the soup kitchen.

*In charity there is no excess. (Sir Francis Bacon)*



## GREAT QUOTES BY GREAT LADIES

*Laugh and the world laughs with you. Cry and you cry with your girlfriends.* (Laurie Kuslansky)

*If high heels were so wonderful, men would still be wearing them.* (Sue Grafton)

*A male gynecologist is like an auto mechanic who never owned a car.* (Carrie Snow)

*The hardest years in life are those between ten and seventy.* (Helen Hayes, at 73)

*Inside me lives a skinny woman crying to get out, but I can usually shut her up with a couple of cookies.* (Anonymous)

*When women are depressed they either eat or go shopping. Men invade another country.* (Elayne Boosler)

*The phrase "working mother" is redundant.* (Jane Sellman)

*Behind every successful man is a surprised woman.* (Maryon Pearson)

*A man's got to do what a man's got to do. A woman must do what he can't.* (Rhonda Hansome)

*Inside every older woman is a younger lady... wondering what the [heck] happened.* (Cora Harvey Armstrong)

*Whatever women must do, they must do twice as well as men to be thought half as good. Luckily, this is not difficult.* (Charlotte Whitton)

*I have yet to hear a man ask for advice on how to combine marriage and a career.* (Gloria Steinem)

*I'm not offended by all the dumb blonde jokes, because I know I'm not dumb, and I'm also not blonde.* (Dolly Parton)

*I refuse to think of them as chin hairs. I think of them as stray eyebrows.* (Janette Barber)

*Thirty-five is when you finally get your head together, and your body starts to fall apart.* (Caryn Leschen)

*Nobody can make you feel inferior without your permission.* (Eleanor Roosevelt)

**Meet Robin Pascoe,  
an expert on expatriates and  
their quirky lives in foreign countries.**

Like many of us at IWAV, Robin Pascoe lived abroad (in Bangkok, Taipei, Beijing, and Seoul) for many years with her diplomatic husband, while raising their two children. Thereafter she settled in Vancouver, Canada, where she established her website and focused her talents on writing articles and books—*Homeward Bound, A Moveable Marriage, Goodbye Room No.3*—and traveling the globe to give talks and workshops to expatriate families, corporate relocation specialists, and professional women living abroad. Her topics include “Raising Global Nomads,” about the intricacies of bringing up third culture kids, “Leading a Writer’s Life Abroad,” and “A Moveable Marriage,” the subject of her latest book about relocating partner relationships without breaking them. Robin is a wealth of information on the emotional challenges of a nomadic life. Her website is full of good information and well worth visiting: [www.expatexpert.com](http://www.expatexpert.com).

# BOOK REVIEW

By Gabriele Jazbutis

## THE NUTURE ASSUMPTION

Why children turn out the way they do.

By Judith Rich Harris

The central question of this book is: How are children socialized? How do they learn to behave like normal, acceptable members of their society? Do parents have any important long-term effects on the development of their child's personality? This book examines the evidence and concludes that the answer is **no**. It is what children experience outside of the home in the company of their peers that matters most. Parents don't socialize children; children socialize children.

Join to experience this rather different approach by reading the following excerpts:

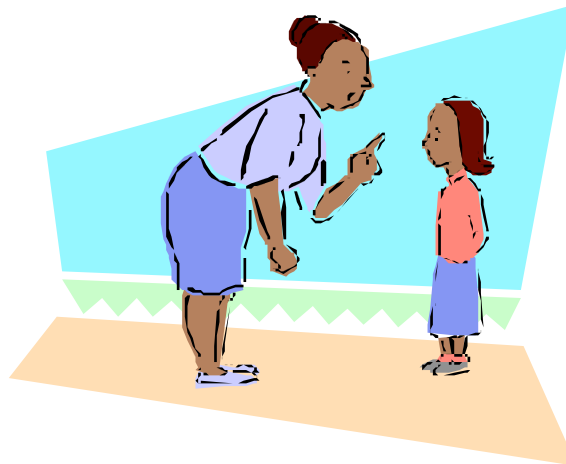
- Children get their ideas of how to behave by identifying with a group and taking its attitudes, behaviours, speech, and styles of dress and adornment. For example: From the beginning [through the middle] of the twentieth century, generations of upper-class British men closely resembled—in behaviour, attitudes, and accent—their fathers. And yet their fathers had practically nothing to do with their upbringing. Being brought up in fancy boarding schools, these boys didn't get their aristocratic accents from their nannies, who tended to be of lower-middle class origins, or from their governesses, who might have been Scottish or French. They didn't get their accents from their brief and impersonal interactions with their parents. They didn't get them from their teachers, who were unlikely to be of the manor born. They got them from each other. The accents were passed down from the older boys to the younger ones, generation after generation, at places like Eaton, Harrow and Rugby.

- The fact is that children cannot learn how to behave by imitating their parents, because most of the things they see their parents doing—making messes, bossing other people around, driving cars, lighting matches, coming and going as they please, and lots of other things that look like fun to people who are not allowed to do them—are prohibited to children. From a child's point of view, socialization in the early years consists mainly of learning that *you're not supposed to behave like your parent*.

- During middle childhood, children become more alike, more similar to their peers of the same sex.

They learn how to behave in public—to not hit (if they're girls) or not cry (if they're boys), to act polite to grownups (if they're girls), but not too polite (if they're boys). The public personality is the one that a child adopts when he or she is not at home. It is the one that will develop into the adult personality.

- Freud believed that a boy gets his ideas about how to behave by identifying with his father, a girl by identifying with her mother. The evidence does not support Freud's theory. A boy's masculinity and a girl's femininity are unrelated to those characteristics of their same-sex parent. Boys reared in fatherless homes are no less masculine, and girls reared in homes headed by lesbians are no less feminine, than boys and girls provided with a Dan Quayle-approved parental pair. During the formative years of childhood, a girl becomes more similar to other girls and a boy becomes more similar to other boys. Rowdy girls become less rowdy; timid boys get bolder. It is the children themselves who are responsible for these changes. They don't identify with their parents: they identify with other children – others like themselves.



- If you never go home again, the personality you acquired there may be lost forever. Most people go home again. And the moment they walk in the door and hear their mother's voice from the kitchen—"Is that you, dear?"—the old personality they thought they had outgrown comes back to haunt them. In the world outside they are dignified, successful women and men, but put them back at the family dinner table and pretty soon they are bickering and whining again, just like they did in the good old days.

- Kids want desperately to be normal, and part of being normal is having normal parents. If their parents are different in some way—and they're bound to be different in some way—they want to conceal these embarrassing differences from their peers. The humour writer Dave Barry has captured the feeling: *After canteen, we'd stand outside the school surrounded by our peers waiting for our parents to pick us up. When my dad pulled up, wearing his poodle hat and driving his Nash Metropolitan--a comically tiny vehicle resembling those cars outside supermarkets that go up and down when you put in a*

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quarter, except the Metropolitan looked sillier and had a smaller motor--I was mortified. I might as well have been getting picked by a flying saucer piloted by some bizarre, multi-tentacled, stalk-eyed, slobber-mouthed, alien being that had somehow gotten hold of a Russian hat. I was horrified at what my peers might think of my dad; it never occurred to me that my peers didn't even notice my dad, because they were too busy being mortified by THEIR parents. Parents belong in the home; when they come out of the home it makes their children nervous.

• We know from behavioural genetic research that personality traits such as disagreeableness and aggressiveness have heritabilities [sic] of around 50 percent. Children who have a built-in tendency to be disagreeable take this tendency with them wherever they go, from one social context to another. What they've learned may be tied to the context it was acquired in, but what they were born with they cannot leave behind. The child who is a picky eater both at home and at school may have food allergies or a delicate digestive system. Thus, the fact that some children are picky both at home and at school, and some children are obnoxious both with their parents and with their peers, could be due to direct genetic effects.

• Heredity is one of the reasons that parents with problems often have children with problems. It is a simple, obvious, undeniable fact; and yet it is the most ignored fact in all of psychology.

• Experiences in childhood and adolescent peer groups modify children's personalities in ways they will carry with them to adulthood. Group socialization theory makes this prediction: that children would develop into the same sort of adults if we left their lives outside the home unchanged—left them in their schools and their neighbourhoods—but switched all the parents around.



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## Where Do Expressions Come From?

Submitted by Angi Barker

**It'll cost you an arm and a leg.** In George Washington's day there were no cameras. One's image was either sculpted or painted. Some paintings of George Washington showed him standing behind a desk with one arm behind his back, while others showed both legs and both arms. Prices charged by painters were not based on how many people were to be painted, but on how many limbs were to be painted. Arms and legs are "limbs," therefore painting them would cost the buyer more. Hence, the expression, "Okay, but it'll cost you an arm and a leg."

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**Bigwig.** As incredible as it may sound, men and women took baths only twice a year (May and October)! Women kept their hair covered, while men shaved their heads (because of lice and bugs) and wore wigs. Wealthy men could afford good wigs made from wool. They couldn't wash the wigs, so to clean them they would carve out a loaf of bread, put the wig in the shell, and bake it for 30 minutes. The heat would make the wig big and fluffy, hence the word "bigwig." Today we often use the term "here comes the bigwig," because someone is, or appears to be, powerful and wealthy.

**Chairman, and Chairman of the Board.** In the late 1700s, many houses consisted of a large room with only one chair. Commonly, a long wide board folded down from the wall and was used for dining. The "head of the household" always sat in the chair, while everyone else ate sitting on the floor. Occasionally a guest, who was usually a man, would be invited to sit in this chair during a meal. To sit in the chair meant you were important and in charge. They called the one sitting in the chair the "chair man." Today in business, we use the expression or title "Chairman" or "Chairman of the Board."

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**Mind your own beeswax, to crack a smile, and to lose face.** Personal hygiene left much room for improvement. As a result, many women and men had developed acne scars by adulthood. The women would spread bee's wax over their facial skin to smooth out their complexions. When they were speaking to each other, if a woman began to stare at another woman's face, she was told, "Mind your own bee's wax." Should the woman smile, the wax would crack; hence the term, "to crack a smile." In addition, when the women sat too close to the fire, the wax would melt; therefore, the expression "losing face."

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**Straight-laced.** Ladies wore corsets, which would lace up in the front. A proper and dignified woman – as in "straight laced" – wore a tightly tied lace.

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**Playing with a full deck.** Common entertainment included playing cards. However, there was a tax levied when purchasing playing cards, but it was only applicable to the "Ace of Spades." To avoid paying the tax, people would purchase 51 cards instead. Yet, since most games required 52 cards, these people were thought to be stupid, because they weren't "playing with a full deck."

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**Gossip.** Early politicians required feedback from the public to determine what the people considered important. Since there were no telephones, TVs, or radios, the politicians sent their assistants to local taverns, pubs, and bars. They were told to "go sip some ale" and listen to people's conversations and political concerns. Many assistants were dispatched at different times: "You go sip here," and "You go sip there." The two words "go sip" eventually were combined when referring to the local opinion; and thus, we have the term "gossip."

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***POSITIONS AVAILABLE AT IWAV  
TAKE THIS OPPORTUNITY TO MAKE FRIENDS & GET INVOLVED***

The Executive Committee invites you to join its dynamic team of woman forming the backbone of IWAV and its activities. The only qualifications needed are enthusiasm, creativity, involvement, and a sense of camaraderie. As we are sadly bidding farewell to a few members leaving Vilnius soon, two positions are open.

**Information Coordinator – Computer skills a must!**

- Maintain the flow of electronic communications within IWAV's email address.
- Forward timely messages, advertisements, and announcements to the membership or newsletter staff.
- Screen and forward emails of interest to the relevant Executive Committee members.
- Work with the Membership Committee to maintain an accurate membership list.
- Print envelopes for newsletter mailing.
- Check newspapers, radio, TV, and other media for news of interest to IWAV members.

**Membership Coordinator – People skills a must!**

- Host the Monthly Members' Tea.
- Recognize new and departing members at the Monthly Member Meetings.
- Extend the hand of friendship to new and potential members by inviting them to IWAV events and activities and answering their questions about life in Vilnius.
- Maintain and distribute the Membership Booklet on a regular basis.
- Draft the Membership page of IWAV News.
- Maintain and update the membership list in coordination with the Information Coordinator and the Treasurer.

***For more information, contact any one of the current EXCO member  
or send an email to IWAVLT@aol.com.***

# IWAV Activities

**Activity Coordinators:** Please contact Gillian Mueller by the 15th of the month, at [gillianlm@yahoo.com](mailto:gillianlm@yahoo.com), if you have changes or updates to make. Thanks!

## • Book Club

Gillian Mueller is looking to revive this group. The idea is to meet once a month to discuss a good book the group has read. Those interested, please email her at [gillianlm@yahoo.com](mailto:gillianlm@yahoo.com) with preferred days, times, and a couple of choices of books, including one you have read and liked and one you have not read but would like to read.

## • Children's Playgroup

If you have young children, consider joining the IWAV playgroup. Mothers and children get together at each others' homes for a little fun for the kids and good conversation for the adults. The playgroup meets Tuesdays at 3:00 pm and Thursdays from 10:00 am – 12:00 noon. For information contact Carolyn Whyte at tel. 8 699 45897 or [carolyn@inbox.net](mailto:carolyn@inbox.net)

## • Cooking Group

We meet once a month in an IWAV member's home. Under the expert tutelage of Edyta Baczynska, we share favorite recipes, expand our cooking repertoire, drink a little wine, talk about all manner of things, and eat the fabulous food we've cooked. It's always fun. Contact Edyta at [edytukas@icqmail.com](mailto:edytukas@icqmail.com), tel. 213-9900, if you'd like to join.

## • French Conversation Group

All native and non-native French speakers are invited to join a French conversation lunch. The meeting date and restaurant will be communicated later, depending on interest expressed. Please contact Barbara Miquel at [bmiquel@yahoo.com](mailto:bmiquel@yahoo.com), tel. 8-656-56551, or Babeth Paitreault at [babeth\\_accueil@yahoo.fr](mailto:babeth_accueil@yahoo.fr), tel. 8-685-59893 if you are interested.



## • Lithuanian Conversation Group

Zivile Helmkamp is exploring IWAV members' interest in an unstructured and informal Lithuanian conversation group for native and non-native speakers alike. The group would meet once a month. Please contact her at [helmkamps@yahoo.com](mailto:helmkamps@yahoo.com), tel. 261-3287 if you are interested.

## • Lunch Bunch

All are welcome to this informal gathering every Tuesday at 1:00 pm at a different restaurant each week. Take this opportunity to try a place you may never have known about, exchange information, and make new friends, deepen old friendships, and talk and laugh a lot. To find out where the next Lunch Bunch will be, contact Edyta Baczynska at [edytukas@icqmail.com](mailto:edytukas@icqmail.com), tel. 213-9900.

## • New Members' Coffee/Tea

The New Members Coffee/Tea takes place on the Wednesday morning following the MMM at 10:30 am at the Novotel Hotel on Gedimino Prospect next to Flagman's. The next coffee/tea will be on Wednesday, November 10th, following the IWAV monthly member meeting (MMM) on Monday, November 8th. All new, current, and prospective IWAV members are welcome. Contact Violetta Talandis if you want to join, tel. 275-7120.



## • Vingis Park Walking Group

Is there anyone interested in becoming the main contact for this friendly group of fresh air and fitness lovers that used to meet Tuesday and Thursday mornings at 9:30 am at the main entrance gate to Vingis Park (extension of M.K. Ciurlionio g.)? The 5km walk takes about one hour. Contact Gillian Mueller, [gillianlm@yahoo.com](mailto:gillianlm@yahoo.com), tel. 275-1693, if you are interested.

## • WXYZ

If you would like to start an IWAV activity, contact a member of the IWAV EXCO, or let newsletter editors Gillian Mueller, [gillianlm@yahoo.com](mailto:gillianlm@yahoo.com), tel. 275-1693, so they can add you to this list!

# Community Messages

## International Church of Vilnius

English ecumenical services are held at this Evangelical Lutheran Church of Vilnius every Sunday at 9:30am. Sunday school is also offered for children grades Pre-K – 6. Located at Vokieciu 20, entrance through the iron gates next to Artist Salon. Contact Marcia Barker, tel. 261-0554, or Pastor Chris Quello, tel. 262-6046, or visit [www.icvilnius.org](http://www.icvilnius.org).

## Catholic Church Services

English Catholic Mass every Sunday at 9:30am in the side chapel of St. Bernadine's Church on Maronio g. Contact Amy McDonough, tel. 233-0145.

## Grace Baptist Church

English Sunday service with Lithuanian translation at 11:00am at Verkiu 22.

## Church of Latter Day Saints

Lithuanian and Russian service with English translation every Sunday at 11:00am in the chapel at Ateities g. 83, tel. 237-7216.

## Pergale (Victory Chapel)

English Protestant services in English every Sunday at 11:00am and 6:00pm, and Wednesday at 7:00pm. Upes gatve 5, near the Green Bridge. Contact Pastor Keith Sullivan, tel. 234-8086, Email: [sullivan@takas.lt](mailto:sullivan@takas.lt).

## Vilnius Accueil

Is a French organization that welcomes and supports French expatriates, and Francophones of all nationalities, as well as their families, to settle in Vilnius. Various cultural and leisure activities are offered throughout the year. Contact Babet Paitrault, tel. 8-685-59893, email: [Vilnius\\_accueil@yahoo.fr](mailto:Vilnius_accueil@yahoo.fr); or Barbara Miquel, tel. 8-656-56551, email: [bmiquel@yahoo.com](mailto:bmiquel@yahoo.com).

## German Conversation Group

Meets once a month in the afternoon. Contact Rosemaria Schwarzinger, tel. 212-0121, email: [rosi\\_schwarzinger@yahoo.de](mailto:rosi_schwarzinger@yahoo.de).

## SWEA Vilnius

Is the local branch of SWEA International, the global organization for Swedish-speaking women of all nationalities. Contact Claudia Maciulis, email: [vilnius@swea.org](mailto:vilnius@swea.org), or visit [www.swea.org](http://www.swea.org).

## Vilnius Hash House Harriers

This merry international group of runners, walkers, and pub-crawlers meets every other Sunday at 11:15am for a circa 1 hour hike, followed by lunch for those who can make it. Contact Steve Price at [steve.price@FCO.gov.uk](mailto:steve.price@FCO.gov.uk), email [vilniushhh@yahoo.com](mailto:vilniushhh@yahoo.com), or visit [www.geocities.com/vilniushhh](http://www.geocities.com/vilniushhh).

## American International School of Vilnius (AISV)

Director: Bill Rose. Contact the school at tel. 212-1031, fax: 264-7202, or visit [www.aisv.lt](http://www.aisv.lt).

## American Chamber of Commerce

Tel. 261-1181, email : [acc@iti.lt](mailto:acc@iti.lt).

### Free Informal Discussion and Workshop for Parents of Children Ages 3–7

on

### BEHAVIOR MANAGEMENT

March 9, 2005

6:00 – 7:30 P.M.

at

American International School of Vilnius,  
Subaciaus 41.

Discussion Leader: Linda Warner

**Linda Warner** is a parent and grandparent and has more than 30 years' experience as a pre-school, elementary school, and special education teacher and administrator. She understands that parenting is both fun and challenging.

**Behavior Management:** We will discuss current theories of discipline, ways of shaping and changing your child's behavior, and ways to establish and maintain positive communication.

**Contact:** Egle at AISV, tel. 212-1031, by March 7th if you would like to attend.

# Membership & Information

webpage: [www.iwav.lt](http://www.iwav.lt) email: [iwavlt@aol.com](mailto:iwavlt@aol.com)

address: International Women's Association of Vilnius, p.o.box 529, 01130 Vilnius

By Barbara Little ([barbara@mikelittle.lt](mailto:barbara@mikelittle.lt); 8-652-04005) and Violetta Talandis ([violeta@kaunas.omnitel.net](mailto:violeta@kaunas.omnitel.net); 8-687-23031)

## *Welcome New Members*

### *Ieva Dovydeniene*

I am Lithuanian, married to a Lithuanian. My twin daughters, Saule and Aukse, are almost 11 months old, so I am just back from maternity leave. I work at the American International School of Vilnius. Since I enjoy working in the international community, it's very interesting for me to meet new people and get to know women from the IWAV. I am happy to be a member of this organization.

### *Monika Piotrowska*

I come from Warsaw, Poland. My family—me, my daughter 8 months Marysia, and my husband Tomasz—will be living in Vilnius for 2 years. I'm planning to take care of my daughter and have a good time here. I like reading thrillers and traveling around the world. I think I'm an open and very friendly person. I like to meet new people, so I'm glad that I have this chance in IWAV.



### *Members' Monthly Meeting*

**The next meeting  
on March 14th  
will be in Teacher's House,  
39 Vilniaus str, at 6 pm.  
See p.2 for details.**

### *EMAIL US!*

The IWAV email information service is to inform all members about forthcoming events. It also includes member-to-member recommendations about newly discovered commercial services.

Please send items to  
[IWAVLT@AOL.COM](mailto:IWAVLT@AOL.COM).

### *For Departing Members!*

If you are leaving Lithuania, but have paid your fees for a few months more, you will receive the newsletter at your new address abroad until the end of paid period, provided you have sent your new address to the IWAV postal or email address (both above).

## *Membership Dues*

Membership dues are 160 Lt per year. You can pay in full or in two installments of 80 Lt. Payments may be made in cash at the IWAV monthly meetings or by bank transfer.

### **Bank Details:**

Receiver/Gavejas: Asociacija 'International Women's Association of Vilnius'

Receiver's code/Gavejo kodas: 124368969.

Bank: AB Vilniaus bankas, Naujamiescio filialas.

Bank code/banko kodas: 260101730.

Account/Saskaita: LT24 7044 0600 0039 4553.

Purpose of money transaction/Paskirtis: Membership dues/  
Nario mokestis

**Attention:** Make sure to write in the purpose of the membership dues or the transaction may be cancelled.

Contact Mette Sviland for questions regarding payment: Tel. 8-685-83635; E-mail: [mettesviland@yahoo.dk](mailto:mettesviland@yahoo.dk)

Contact our Membership Chair for a Newcomer's Information Booklet and Membership Card once you've made payment: Violetta Talandis; Tel. 8-687-23031; E-mail: [violeta@kaunas.omnitel.net](mailto:violeta@kaunas.omnitel.net)

## *IMPORTANT!*

Please use **NEW code only** for the "International Women's Association of Vilnius".

It is important that concerned parties are aware of it when issuing any documents in the name of IWAV (e.g., saskaita-faktura, support contract, etc.) or where it is necessary.

**NEW code is: 1243 68969**

Registration address is the same:

A. Jaksto g. 11-12.

## AROUND TOWN in MARCH

Compiled by Marine Boixiere

1st weekend of March: **Kaziuko Muge or Fair of Casimir**. Didžioji gatvė and Rotušės areas.  
Handicraft market in the honor of the Guardian of Lithuania, Casimir. **NOT TO BE MISSED!**

- 2 **ACID CITY**, National Opera and Ballet Theatre, 6:00 pm. Ballet in 2 acts.
- 3 **DON GIOVANNI**, National Opera and Ballet Theatre, 6:00 pm. Opera in 2 acts.
- 3-5 **VIVATTUR**, Litexpo, International Trade Fair of Tourism, Sport and Leisure
- 4 **RUSSIAN HAMLET**, Opera and Ballet Theatre, 6:00 pm.
- 4 **LA JUIVE**, National Opera and Ballet Theatre, 6:00 pm. Opera in 2 parts.
- 5-6 **INTERNATIONAL DOG EXHIBITION**, Litexpo, 'Lithuanian winner' and 'Vilnius Cup 2005'.
- 6 **PETER PAN**, National Opera and Ballet Theatre, 12:00 pm. Ballet in 2 acts for children.
- 8 **ROMEO AND JULIET**, Lithuanian National Drama Theatre, 7.00 pm. Dance performance based on the music of modern composers (Anzelika Cholina Dance Theatre)
- 9 **DIE CZARDASFURSTIN**, National Opera and Ballet Theatre, 6:00 pm. Operetta in 3 acts. Guest Performance of Klapedia Musical Theatre.
- 10 **LE BELL-AMI**, National Opera and Ballet Theatre, 6:00 pm. Musical in 2 acts.
- 11 **LADY SALSA**, Chamber of Congress, 8.00 pm. Cuban dance and music – spectacular show!
- 12 **LADY SALSA**, Chamber of Congress, 3.00 or 8.00 pm.
- 13 **GISELLE**, National Opera and Ballet Theatre, 6:00 pm. Ballet in 2 acts.
- 14 **ZORBA THE GREEK**, National Opera and Ballet Theatre, 12:00 pm. Ballet in 2 acts.
- 15 **WOMEN'S SONGS (according to the songs of M. Dietrich)**, Lithuanian National Drama Theatre, 6.00 pm. Anzelika Cholina Dance Theatre.
- 16 **EVENING OF AMERICAN CHOREOGRAPHY**, National Opera and Ballet Theatre, 6:00 pm. Music of Dvorak, Tchaikovsky, Mozart and Prokofiev.
- 17 **AIDA**, National Opera and Ballet Theatre, 6:00 pm. Opera in 4 acts.
- 18 **RED GISELLE**, National Opera and Ballet Theatre, 6:00 pm.
- 20 **SNOW WHITE AND THE 7 DWARFS**, National Opera and Ballet Theatre, 12:00 pm. Ballet in 3 acts for children.
- 20 **CESARIA EVORA**, Vilniaus Kongressu Rumai, 8.00 pm. World Tour, Album 'Voz d' Amor'
- 22-25 **RESTA**, Litexpo, 12th International specialised exhibition on construction and renovation.
- 23 **RIGOLETTO**, National Opera and Ballet Theatre, 6:00 pm. Opera in 3 acts.
- 24 **ROMEO AND JULIET**, National Opera and Ballet Theatre, 6:00 pm. Ballet in 3 acts.
- 28 **EASTER CONCERT**, St John's Church, 3.00 pm. Conductor: Laura Karmulyte.
- 31 **PATRICIA KAAS**, Siemens Arena, 7.00 pm. Tour Concert 'Sexe fort'.

**End of March! Spring Cinema** –Lietuva and Sklavija Cinema Theatres.

Original works of the movie masters from all over the world and movie premieres by Lithuanian authors.

### Other Sources:

[www.vilnius.lt](http://www.vilnius.lt) – Music, concerts, art and other exhibits  
[www.filharmonija.lt](http://www.filharmonija.lt) - Lithuanian National Filharmonic Theatre  
[www.opera.lt/english](http://www.opera.lt/english) - Lithuanian National Opera and Ballet Theatre  
[www.cinema.lt](http://www.cinema.lt) - Movies, films  
[www.tourism.lt](http://www.tourism.lt) - Museum, theatres and music  
[www.bilietai.lt](http://www.bilietai.lt) - Tickets  
[www.lsvo.com](http://www.lsvo.com) - Lithuanian State Symphony Orchestra, Zygimantu str. 6  
[orkestras@takas.lt](mailto:orkestras@takas.lt) – Lithuanian Academy of Music and Theatre



# Supporters and Sponsors

## Executive Committee

|                      |             | Telephone   |
|----------------------|-------------|-------------|
| Mercedes Sprouse     | President   | 260-9554    |
| Benedikta Harris     | Charity     | 269-9693    |
| Cheryl Quello        | Charity     | 262-6046    |
| Barbara Little       | Newcomers   | 212-0266    |
| Violetta Talandis    | Newcomers   | 275-7120    |
| Marine Boixiere      | Activities  | 212-6640    |
| Edyta Baczynska      | Activities  | 213-9900    |
| Cynthia Hunter       | Information | 269-1094    |
| Angie Barker         | Information | 262-2961    |
| Julia Berneheim      | Newsletter  | 262-7282    |
| Gillian Mueller      | Newsletter  | 275-1693    |
| Mette Sviland        | Treasurer   | 8-685-83635 |
| Jurgita Petkeviciute | Treasurer   | 8-686-71071 |

## New email addresses!

Please note that IWAV EXCO has new emails:

Mercedes Sprouse - [president@iwav.lt](mailto:president@iwav.lt)

Benedikta, Cheryl and Annie - [charity@iwav.lt](mailto:charity@iwav.lt)

Gillian and Julia - [newsletter@iwav.lt](mailto:newsletter@iwav.lt)

Violetta and Barbara - [newcomers@iwav.lt](mailto:newcomers@iwav.lt)

Edyta and Marine - [activities@iwav.lt](mailto:activities@iwav.lt)

Mette and Jurgita - [treasurer@iwav.lt](mailto:treasurer@iwav.lt)

IWAV wishes to recognize and convey its special gratitude to Marius Matonis for his charitable assistance in IWAV's recent by-law and organizational upgrades.

Marius Matonis, Attorney  
***Sutkiene, Pilkauskas & Partners***

Mob: 8-898-33055

Email: [mmatonis@spp.lt](mailto:mmatonis@spp.lt),

Internet: [www.spp.lt](http://www.spp.lt)

**For anyone interested in the Tsunami Relief effort, the following should be of help:**

American Red Cross – go to [www.redcross.org](http://www.redcross.org) and follow the instructions on the home page.

Association for India's Development Inc. – visit [www.aidindia.org](http://www.aidindia.org)

B'nai B'rith International – visit [www.bnaibrith.org](http://www.bnaibrith.org)

For more information about where and how to make donations, visit

[www.usaid.gov/locations/asia\\_near\\_east/tsunami/](http://www.usaid.gov/locations/asia_near_east/tsunami/)

and read USAID's "How Can I Help?"

## Member Discounts

|  |        |
|--|--------|
| Lietuvos Telekomas Sports Club   | - 10%. |
| Flower shop "Geles Studija"  | - 10%. |
| Savas Kampas restaurant  | - 10%  |
| Forum Palace Sports Center, 515 Lt/1 month, 495 Lt/3 months, 480 Lt/6 months, 470 Lt/12 months; applies also for family members. |        |
| NAILBAR, Jogailos g. 4   | - 10%  |
| Tebunie Svava dry cleaners   | - 35%  |
| Narutis Hotel, Pilies g. 24  | - 10%  |
| Stikliai boutique, Gaono 7   | - 10%  |

*Please present your membership card when requesting these discounts.*